



## ORCHARD CELEBRATION

### Sizergh Castle & Garden, Kendal

Monday 27 - Thursday 30 September, from 11 am

Join us for guided walks, apple display, tasting, identification and juicing or challenge our estate and garden team with your orchard questions. Spot the first signs of autumn in the rock garden before heading to the cafe to try our delicious range of local, seasonal dishes. Normal garden admission applies. NT members free. Walks £3 per person.

You're never far away from us, so come along for a visit

**015395 60951**

[www.nationaltrust.org.uk/sizerghcastle](http://www.nationaltrust.org.uk/sizerghcastle)

 **National Trust**  
Time well spent

Registered charity No. 205846.

# lymehurst

RESTAURANT, ROOMS & BAR

We have a fabulous New Lunch Menu available Thursday, Friday, Saturday & Sunday 12 - 2.30pm  
Open all day Saturdays & Sundays

On Sundays we are cooking your own personal Roast, cooked just how you like it "Carve your own Roast" - going down a storm - Book Now!

Pre-Christmas Lunch & Dinner Menus are now ready. So whether you are organising a family get-together or office party, just give us a ring. Very welcome to chill over a cocktail or two on the terrace.

**'Awaken your taste-buds - Revive your Soul'**

Contact Andrea & Kevin. Tel: 015395 33076

The Lymehurst, Kents Bank Road,  
Grange over Sands, Cumbria, LA11 7EY

E-mail: [enquiries@lymehurst.co.uk](mailto:enquiries@lymehurst.co.uk) [www.lymehurst.co.uk](http://www.lymehurst.co.uk)

## HAMPSFELL HOUSE HOTEL

*Grange's hidden secret*

### BAR AND RESTAURANT

Open to non residents

Grange over Sands

Tel 015395 32567

Open Daily 10.30 - 11pm - Closed Monday lunch time  
Christmas function and party menus now available



### SPECIAL OFFER

**Fish Supper Friday night through September**

Come and enjoy a proper Fish and Chip Supper and a home made sweet for only £10.00 available from 5.30 to 8.00pm

**Booking due to popularity essential!**

Still Serving **Early Bird** Monday to Saturday

**Mid week lunches** 2 courses £9.95

**Traditional Sunday lunch** 2 courses £14.00

*Looking forward to meeting you!*

[www.hampsfellhouse.co.uk](http://www.hampsfellhouse.co.uk)

## THE CROWN AT HIGH NEWTON

Traditional Lakeland Inn serving quality, locally sourced delicious foods & Lakeland Ales

From the moment you step into the Crown at High Newton you get a sense of history going back to the 1700's. This elegant Lakeland Inn with open fires, slate floors and old beams is the perfect destination to enjoy sumptuous meals, fine wines and local ales. Now under new ownership and recently refurbished, a warm atmosphere awaits from our friendly staff.



Located in the quiet Lakeland village of High Newton - situated just off the A590 near the end of Lake Windermere and Newby Bridge. Our delightful food is available every day - all expertly prepared in house by our head chef Matthew Blamire and his team.

Open every day. Traditional all day Sunday lunches. Bookings advisable.

High Newton, Nr Newby Bridge,  
Grange over Sands, LA11 6JH.

Tel. 015395 30613

[www.crownathighnewton.co.uk](http://www.crownathighnewton.co.uk)

**NOW  
OPEN**