

# Book Shelf

**Well the summer holidays are nearly over and what a busy couple of months we have had in the library. While the children have been busy taking part in the Space Hop reading challenge our adult borrowers have been tempted to try something different by borrowing books from the Pages Ago display. Pages Ago is a promotion of historical writing taking place in libraries in North-West England during 2010.**

We began with books from the Ancient World through to 1200 AD and now we are moving forward in time to feature both fiction and non-fiction writing covering the period from the Wars of the Roses, the Tudors and the Stuarts. We have updated the timeline in the Art Room so do have a look at the display and perhaps we can tempt you to try something different. As part of Pages Ago you have an opportunity to enter a short story competition called Flashback Fiction. Writers are asked to bring the past to life in no more than 500 words so if you have been inspired by a story you have heard or read or perhaps by a visit you have made to a historic site, museum or library why not put pen to paper and enter the competition? The closing date for entries is 31st October 2010 so just ask in the library for more details.

As part of our celebration of Pages Ago we are delighted to be holding a book launch with a difference! On Thursday 30th September at 2.00pm Ulverston Writers will be reading from their new collection of stories 'Weekend at the Midland, 1934'. All the stories in the book are set in the wonderful Art Deco Midland Hotel in

Morecambe and the characters include guests, management and staff who are all staying or working in the hotel during one weekend in 1934. The Writers will be dressed in 1930's costume and to help set the scene we shall be serving afternoon tea and cakes. Tickets are £1 and numbers are limited so book early to avoid disappointment.

Grange Library Reading Group has been chosen as one of only six groups across the country to be an official Man Booker Reading Group Partner. We shall be reading the six shortlisted books and will post our discussions in an online forum.

Four of the group have also been invited to attend the prestigious Man Booker Shortlist party in London on 7th September to hear the shortlisted titles announced. Reading Groups: The Bookmarks and Dust Jackets both meet on Wednesday 8th at 7.30pm; the Bay Book Group meet on Thursday 9th at 2.00pm; the Over Sands Group and the Library Group both meet on Wednesday 15th at 2.00pm and 7.00pm respectively. Books being discussed by the groups this month include 'The Cellist of Sarajevo' by Steven Galloway, 'A Widow for One Year' by John Irving, 'The Lady and the Unicorn' by Tracey Chevalier, 'Georgiana' by Amanda Foreman and 'Black Diamond' by Catherine Bailey.

Time for Rhyme begins again on Monday 13th September and runs in the library from 10.00 – 10.30am. This weekly session is open to all pre-school children and their parents or carers. The Toy Library also returns to its normal timeta-

ble after its annual break for holidays in August. September sessions will run from 3.30 – 4.30pm on Tuesday 7th, Friday 17th and Tuesday 21st in the library. The outreach session at Flookburgh School will take place in the school hall from 3.15 – 4.15pm on Thursday 9th September. Toy Library staff are planning a sponsored walk at the beginning of October to raise funds for this local charity. Sponsor forms will be available in the library shortly so if you feel able to sponsor us and help us raise some money we would be most grateful for any contributions.

Space Hop – the challenge finishes on Saturday 11th September so if you signed up and have yet to complete the challenge do try and finish reading your six books. Remember everyone who completes the challenge gets a gold medal, a glow in the dark wristband and a very special Space Hop certificate.

Finally – YOUR LIBRARY NEEDS YOU! We are looking for accounts of life on the home front during WW2. Do you have any experiences you could share with us? Were you a land girl? Were you evacuated? What did you wear? What did you eat? What did you do for entertainment? Any snippets of information or photographs would be greatly appreciated.

For more details please call in at the library and speak to Mary, Anne or Emma. Plans are well advanced for a huge community project which will run during the first week of November so we really do need your help.

All will be revealed in next month's Grange Now!

## International Literacy Day

Soroptimist International of Grange over Sands is supporting Book Aid International to celebrate International Literacy Day in September. During the month clubs members and all readers of Grange Now are asked to donate a small sum of money for every item of the written word they read for example reading a book for pleasure could cost £1, and educational book, a magazine, or a weekend newspaper all say 50p, holiday brochures or shopping catalogues 25p, a daily paper 10p or the Internet 2p. These are just suggestions; you can set your own tariff why not get together with family and friends and see who raises the most. It might be a good idea to keep a reading diary for September.

The idea behind this is make us aware of how much value we put on our ability to read and have access to a huge range of literature and information. If you live in Sub Saharan Africa you do not have this opportunity of access as books are a luxury very few can afford. Book Aid International state "Books change lives. Literacy is a basic human right it opens the door to education and helps to lift communities out of poverty. Without books and reading materials literacy is extremely hard to achieve and maintain."

Please send the money you have raised by cheque payable to Book Aid International at 39-41 Coldharbour Lane London SE5 9NR with a slip with your name and address so they can acknowledge your donation or pay directly into the Book Aid International bank account, sort code 206651, account no 00751227. If paying directly into their account please email jaqui.scott@bookaid.org to advise.

## Write a poem about Grange

We have many talented poets in the area and Grange Now often receives poems to be considered for publication. Unfortunately we don't always have the space, so apologies if yours has been missed out.

If you are a keen poet you may be interested in a competition run by United Press. The prize is £1,000 cash and you send up to three entries about Grange or area (each no more than 25 lines including blank lines and 160 words) to Local Poem United Press Ltd, Admail 3735, London EC1B 1JB or visit the website [www.unitedpress.co.uk](http://www.unitedpress.co.uk)

Previous winning poems have come from Bristol, Oxford and Merseyside and have included poems about a local character, local history or a local landmark. Perhaps the next winner will be from around Grange! The closing date is 31<sup>st</sup> December 2010. Good luck.

## Sizergh Castle, Garden and Estate

Sizergh's garden takes on the most wonderful colours in autumn and much of this is due to the mild climate on the South Lakeland fells. Vines and clematis bordering the lake parapet provide rich russet colours, whilst tiny gold flowers from Spartium Junceum in the terrace side borders bring a welcome splash of colour to the autumn garden. Meanwhile the orchard flourishes with a wealth of autumn fruits such as crab apples, plums, and damsons much of which is used in Sizergh's café. In the Rock Garden look out for the delightful Willow Gentian, with its wonderful blue colours which flower during September, and Kreengeshoma, a beautiful

late flowering perennial. Acers and dahlias provide splashes of deep rich autumn colour with golds, russets and deep reds, whilst in October Kniphofia 'Brimstone' - the small Red Hot Poker is a brilliant show in the herbaceous border.

One of the highlights in the garden is the spectacular coppery brown foliage of the Acer palmatum 'Atropurpureum' and other planting in the Trust's largest rock garden.

Tips for the autumn - Try a late sowing of green manure in the vegetable plot. This will suppress weeds, nourish the soil and many are great for bees! Give the lawns a late feed, this will help maintain the condition through the winter months.

## Nichola's

### Sugaring & Beauty

Now at Grange Parish Hall Clinic, Kents Bank Road

Sugaring is an ancient and traditional Eastern hair removal technique which nourishes the skin and which is said to surpass any other technique you may have tried. Nichola Spedding is a Zahra Sugaring Practitioner, Zahra trained in hair depletion and skincare.

Using a natural paste, made from sugar, water and lemon juice, Nichola will therapeutically remove unwanted hair from the face and body, leaving your skin feeling soft and smooth. With regular treatments hair growth will diminish and the method is suitable for sensitive skin. Nichola also offers a range of beauty treatments, Zahra Aromatherapy Facials, Inch Loss Body Wraps, St Tropez tanning and more. Call Nichola on 07787 172 166 for further details.

## Heron Travel

Heron Travel is a new venture by Paul Peruzza, known for many years as the owner of Princess of Kendal, a coach company very well known by local groups and organisations.

Paul sold Princess in 2007 and it unfortunately ceased trading in 2009. Paul has therefore taken the old Princess telephone number over and he guarantees to bring you the same prompt, reliable service under the Heron Travel banner.

Look out for great events at Sizergh this autumn: 'Behind the Bed Curtains' 1 – 31 October (closed Fri/Sat) to learn the curious stories relating to the practicalities of beds and bedrooms in Tudor England and the wonder of Sizergh's Inlaid Chamber with its bed and wooden paneling – masterpieces of Elizabethan craftsmanship. What would it have been like to sleep there? Come along and find out!

The café, shop and garden open at 11.00am daily, except Friday and Saturday, until end of October. Cafe, shop and grounds then weekends through the winter. Castle opens at 1 pm, guided tours from 12 noon, first come, first serve 015395 60951. [www.nationaltrust.org.uk](http://www.nationaltrust.org.uk)