

IPC. PLUMBING, installations and repairs. No call out charge. Prompt service. Tel: Ian Chick - 07836648920 daytime or 015395 35128 night.

EXPERIENCED PLUMBER & HEATING ENGINEER. No job too small. Reduced rates for OAP. Tel 07976 585 152

A. TYSON PLUMBING & HEATING. See main advert back page. Tel 015395 32761. Mob. 0796 738 4114

PRIVATE CARER

Private Carer

Available for personal care, companionship, shopping & light housework.

NVQ qualified, references available.

Over 20 years experience, local & reliable
Tel: 079 888 55052

PROPERTY MAINTENANCE

IAN H. CURWEN LTD PROPERTY MAINTENANCE. All aspects of property maintenance, building work and decorating. Including joinery work, repairs to internal and external woodwork, fences, gates, guttering and roofing. Ring Ian on 015395 36316 / 0776 5513 412.

FOR INTERIOR/EXTERIOR functional repairs, renovations, woodwork, stonework. Or installations/furniture, quality woods, creative designs. Call Graham Dyer 58132.

PROPERTY RENOVATIONS

COMPLETE PROPERTY RENOVATION and modernisation services. From a small alteration to complete home projects. Many local references available. Tel: 01229 587419 or 07920 117 047.

REFLEXOLOGY

REFLEXOLOGY and Bowen treatment available. Home visits made Wednesday and Thursday. For appointments or advice please ring Fran Leaver 07969 922137.

SANDBLASTING

SMALL ITEMS WELCOME. Bead polishing, delicate work specialist. Grange 34904

SECURITY

BURGLAR ALARMS, Security Lighting, CCTV Cameras, Door and Window locks. Installation & Repairs. Call for advice and quotation. **GRANGE SECURITY AND ELECTRICAL SERVICES.** Tel: 015395 35032. Proprietor: Bill Corscadden.

SELF ASSESSMENT/ACCOUNTS

FOR HANDS ON ASSISTANCE with accounts, Self Assessment and VAT. Locally. Call 015395 58916.

SLIMMING

Join

SLIM & TRIM

we meet at

Abbot Hall Hotel, Kents Bank

Every Monday 6-7pm

No joining fee - small weekly charge

ALL WELCOME

To motivate and share ideas.

Tel: Amanda on 34341 for more details.

SOFT FURNISHING

PAMPARKER SOFT FURNISHINGS. Curtains, cushions, Roman Blinds, made to measure with care. Loose covers a speciality. Tel: 015395 58463.

STONE WALLING

BRADLEY REEVE Landscaping, stone walling, patios. Tel: 015395 58221 or 07788 688427.

STORAGE

GENERAL/CARAVAN STORAGE offered. Lawler 34136. **20'X8' CONTAINER STORAGE,** 24 hour access, CCTV surveillance. Tel: 077 646 09 387 / 015395 58126.

TAI CHI

TAI CHI FOR HEALTH AND VITALITY New session starts Mon 6th September, 7.30-9.00pm for 7 weeks, £35. St Paul's Parish Hall, Kents Bank Road. Beginners welcome. More info contact Graham Dyer 58132.

TUITION

EXPERT ENGLISH TUITION Language + Literature. A-levels, University studies, mentoring. Adults welcome. Angela Monkman Brushett. Tel. 015395 34012

LANGUAGE TUITION By Professional Linguist in French, German, Spanish & Portuguese up to A Level or just conversational. Tel: Emilia Giffney 015395 34798 Mb 0786 751 3299.

DR HELEN EDWARDS Examiner and experienced maths tutor - 100% pass rate - offers secondary tuition tailored to individual requirements. Early start gives best opportunity for improvement. For more information phone 015395 33586.

POST 16 ENGLISH LITERATURE tuition. Tel: 01229 861003.

INDIVIDUAL MATHEMATICS tuition for primary and secondary students in the Grange area. Retired headteacher, Ofsted trained, CRB checked. Contact 07717 848 080 for further details.

Let Grange Now Classified advertising work for you

WANTED

THE LANTERN CHARITY SHOP needs "Good as New" items. Open: Thurs, Fri, Sat 9.30am - 4.30pm. Church Rd, Allithwaite. Tel: 33458.

OLD STAMP ALBUMS Collections, accumulations, etc. (Collector not dealer) Tel: 015395 34482.

WINDOW CLEANING

EXPERIENCED WINDOW CLEANER. Available for work, any area, reasonable rates. Tel: 015395 35062.

FREE FOR SALES

Aero Double Bed, inflatable, electric, used once cost £88, accept £40. Hostess trolley, vgc £40. 32365 3-seater settee & 2 easy chairs £150. 1 coffee table w inlaid tiles £30. Hotpoint fridge freezer £70. ACTO 14" electric lawn mower £75. 34812

Oxblood leather Chesterfield suite good condition £130 ono. Regency style dining suite w extendable table, 4 chairs & 2 carvers £80. Brass topped table, small, round £15. Brown leather chair £30. 0774 606 2300

Folding single bed & mattress. Flymo Rotary lawn mower. HMV 1930's valve radio. 35942

Stripped pine chest £75. Old pine breakfast tray £25. Both for £90. 34520

Dark wood unit 6'1" x 5'1" x 16" - offers. Teal dralon 3 pcs suite w 2-seater settee vgc - offers. 07947226013 Bench drill, Nutool chio, 5 speed £50. Belt sander Toledo TBS800 £10. Jig saw, Ferm JSV650P £10. 33410

Garden Hammock soft green £100. 32654

Fold-up buggy in black w rain cover vgc £10. 31018

Chemical balance & weights £25. 60702

Collector's Chess set Lord of the Rings unopened/ original wrapping £150 ono. Extending ladders 6m timber w steel strengtheners £30. 35260

ACTO electric, self propelled 14" cylinder lawn mower w scarifier. excellent cond. bargain £50. 34727

Large riser/Recliner Chair, electrically operated, up to 25 stone. Good cond, muted floral patterned fabric £199. 34097

Large bag of girl's clothes & shoes age 2-4yrs £12.

Large bag of boy's clothes & shoes age 1-3 yrs £12.

Child's bicycle seat, Co-pilot Limo £40. Ladies 3mm wetsuit size small £5. Ladies Lycra dive skin size small £2. Roof bars for VW T4 £25. Dianese leather motorcycle jacket, medium w red & white details, back & shoulder armour £70. 33772

Laptop Toshiba 12" IPiii 750 MHz CPU, 512 MB ram, Windows XP, with ext CR-RW drive £80. 35574

Eleven sheets of bevelled glass 5mm thick, various sizes made for "Stag Minstral" bedroom furniture £25. 30277

Pram in lovely cond. all accessories £30. Dining table, oval extending, beech £25. 34482

PLUMBING & HEATING

SJM

Plumbing & Heating

07791 992 002

015395 34366

smawson@sjmsolar.co.uk

Solar Water Heating / Renewable energy

Central Heating & Boiler Installations

Unvented Hot Water Systems

Bathrooms & General Plumbing

Underfloor Heating

SERVICING & REPAIRS



D.J. Marwood

Car Servicing and Repair



Tyres

Exhausts

Diagnostics for all vehicles

Unit 17, Alnat Business Park,

Lindale

Mb: 0779 104 2144

015395 33515

SITS VAC

grange now gets results

SITUATIONSVACANT

Cumbria Gardens & Landscapes

Due to the expansion of our business we have a part-time vacancy for a general builder to construct patios, paths etc.

Would suit semi-retired person, labourer provided.

Terms & Conditions by negotiation.

Apply to John Sanderson,

Tel: 015395 67535

PERSONAL CARE ASSISTANT

A versatile and friendly female needed to join a team of carers to assist a 55 year old disabled lady in Grange.

Minimum of eight hours per week
Good rates of pay plus Holiday Pay
Extra Hours may be available.

Please apply in writing to Box No G229A
C/O Grange Now, Main Street,
Grange over Sands LA11 6BA



The Old Vicarage

Country Home
for the Elderly
Allithwaite • Grange

Senior Care Assistant & Care Assistant Wanted

- NVQ Training
- Weekend Pay
- Overtime Pay
- Travel Allowance

For further information
please contact
Charlotte Gregson
on 015395 33703



Investor in
People

At Home Cafe & Bistro Job Vacancy

Waiting on / Food preparation
weekdays and / or week-end
Call Vicky or Glenn on 015395 34400

The Woodlands Hotel at Meathop

Require
Part time Kitchen Assistant
Part time Breakfast Chef
Flexible hours
Own transport needed
Good working establishment
Interested?
Phone Roz on 015395 34128